



Scan the code
for mental health
resources

Scan the code for Life Group
Discussion Questions



Pastor Brad Bullock | 1 Kings 19:3-18

Elijah's descent into depression (v. 3-4):

- _____ (v. 3: "Elijah... ran for his life... to Beersheba in Judah")
- _____ (v. 3-4: "...he left his servant there, while he himself went a day's journey into the wilderness.")
- _____ (v. 4: "'I have had enough, Lord,'" he said. 'Take my life.'")
- _____ (v. 4: "...I am no better than my ancestors.")

Four movements of God that resurrected Elijah's hope:

1. From _____ to _____ (v. 5-10)

2. From _____ to _____ (v. 11-13)

3. From _____ to _____ (v. 15-17)

4. From _____ to _____ (v. 18)

Monday

READ: 1 Kings 19 (Elijah)

REFLECT: Elijah's depression came after significant spiritual victories. Ahab chased Elijah for what he had done to the Baal prophets, and Elijah wrongly believed he was the only one serving God. This caused self-pity. Sometimes, self-pity can contribute to our depression. But God desires to give us hope.

RESPOND: Where does your depression stem from? Talk to someone you trust about your depression. See how God speaks through them.

Tuesday

READ: 2 Samuel 12:15-23 (David)

REFLECT: David lost a child and his grief led him to such depression he was unable to get up and eat. There are times in our lives where we cannot function because of our depression. The good news is God meets us in our beds, at our bathroom sinks, at the breakfast table, or anywhere else we can't function.

RESPOND: Think back to when and where God met you in your depression. How did His presence comfort you? Spend time praising Him for his presence in your depression.

Wednesday

READ: Job 2 (Job)

REFLECT: Job's entire book offers a look at his mental and spiritual anguish as he walked through suffering and depression. He was close to insanity but was still faithful to God. There are times when depression can bring us to the point of insanity. Fortunately, God is an anchor that sustains and a voice that speaks His truth into our hearts.

RESPOND: Ask God to speak truth into your life. Allow His truth to anchor you.

Thursday

READ: Jeremiah 20 (Jeremiah)

REFLECT: Jeremiah's life was full of sorrow and depression; he lost hope and experienced incredible sorrow. He even wished he never lived. Many people experiencing depression cannot see hope because they are overwhelmed by sadness. God didn't love Jeremiah because He was able to overcome his depression. God loved Jeremiah because of who he was. The same is true for you!

RESPOND: Praise God for loving you regardless of what you can or cannot do. Reflect on His character and how He loves you for you and not your performance.

Friday

READ: Psalm 34:17-18; Romans 8:26

REFLECT: Depression can make us feel God is far, not near. This passage reminds us that God is very near and wants to deliver us from depression. When God's children cry out, He hears them. He hears your cries even when all you can do is groan.

RESPOND: Sit still and let God speak to you through His Word. Try to sense what He may be speaking to you about your circumstance.

W E L C O M E

New here?

We're so glad you're here. We'd love to meet you, answer your questions, and help you get connected at PCC. If you're ready to learn more, we invite you to do any/all of the following:

1

Connect Card

We'd love to get to know you and help you get connected! Scan the code to fill out a digital Connect Card.



2

Guest Services

Stop by Guest Services in the lobby. We'd love to get acquainted, give you a welcome packet, and a gift. If you have questions, we have answers!

3

Intro

Join us for Intro where you'll hear Pathway's story, meet some staff, and learn about next steps. Scan the code to sign up.



PCC College Summer Gatherings

Community for 18-22 year olds

Starting May 9 we are launching our PCC College Summer Gatherings. Whether you have been here all year or you are coming home for the summer, you are welcome! You can expect Christ-centered community, worship, sand volleyball, and much more. There is a place for you here at PCC College! *Questions? Email Tanner at tturns@pccfw.org.*

THURSDAYS | 7-9:30pm

Scan the code to learn more!



Ministries & Events MAY 2024

Scan the code for more information on these events



CHURCHWIDE

SUNDAYS | 7:45am

SUNDAY PRAYER GATHERINGS

NEXT STEPS

MAY 5 | 11am

INTRO

MAY 18+19

BAPTISM

GROUPS

ONGOING
DAYS/TIMES VARY

LIFE GROUPS

JUN 2 | 11am

YOUNG ADULT NEW GROUP LAUNCH

ADULTS

MAY 6

GOLF LEAGUE

MAY 30 | 6:30pm

PRAYING FOR OUR ADULT CHILDREN

MISSIONS & OUTREACH

MAY 11+12

FOOD PANTRY DONATION WEEKEND

(Every 2nd Sunday)

WOMEN

MONDAYS | 9am

WOMEN'S COFFEE & CONVERSATION

MARRIAGE & PARENTING

MAY 19 | 11am

TRUE VINE KINSHIP COFFEE

JUN 1

TRUE VINE MOM RETREAT

CARE & SUPPORT

MONDAYS | 6:30pm

MILITARY REBOOT

TUESDAYS | 7pm

CELEBRATE RECOVERY

TUESDAYS | 7pm

DIVORCE CARE

THURSDAYS | 6:30pm

GRIEF SHARE

THURSDAYS | 6:30pm

MOM OF AN ADDICT

THURSDAYS | 6:30pm

TRAUMA REBOOT – WOMEN'S CLASS

MAY 18 | 9am

INFERTILITY & LOSS SUPPORT

BETHEL UNIVERSITY AT PATHWAY

MAY 21 | 6:30pm

BU@PCC PARENT & STUDENT INFO MEETING

COLLEGE

THURSDAYS | 7:00pm
Begins May 9

PCC COLLEGE SUMMER GATHERINGS

ONGOING
DAYS/TIMES VARY

LIFE GROUPS

STUDENTS

SATURDAYS | 5pm
SUNDAYS | 9+11am

PROJECT 5 (5th Grade)

WEDNESDAYS | 6:15pm

IMPULSE (Middle School)

SATURDAYS | 5pm
SUNDAYS | 9+11am

IMPULSE: DIGGING DEEPER

WEDNESDAYS | 7:30pm

IMPACT (High School)

JUN 10-12

PROJECT 5 LEVEL UP

KIDS

SATURDAYS | 5pm
SUNDAYS | 9+11am

KIDCITY



FEATURED EVENT

WAYS TO GIVE



- 1 | Scan to give
- 2 | Text GIVE to 1-833-568-5410
- 3 | Click GIVE on pccfw.org
- 4 | Tap GIVE on the PCC at Home app
- 5 | Drop your gift in the offering buckets or boxes



Saturdays 5pm | Sundays 9am+11am
1010 Carroll Road, Fort Wayne, IN 46845
260.469.4444



Camp BLAST

JULY 22-26

Camp BLAST is a five-day overnight camp for 3rd-5th graders in Hillsdale, MI.

Registration is open now!

Scan the code to learn more and sign up.



Project 5 Level Up

JUNE 10+11 | 6:15-7:45pm

JUNE 12 | 8:15am-7:45pm

Project 5 Level Up is for students who have completed grade 5.

Registration is open now!

Scan the code to learn more and sign up.



IMPULSE Summer Camp

JUNE 16-19

This is the summer camp experience for students heading into grades 7 and 8.

Registration Deadline: April 28

Scan the code to learn more and sign up.



Registration for Raft Trip for high school students is full.

To join a wait list visit pccfw.org/raft-trip



Baptism

May 18+19

Baptism is a public demonstration of a personal commitment to follow Jesus Christ. We believe that when someone has taken their first step toward Christ, surrendering to Him as their Lord and savior, the next step for them is to make that decision public by following through with baptism.

If you've made a decision to follow Christ and are ready to be baptized, we invite you to make a public profession of your faith through baptism.

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RightNow Media

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RightNow Media is an online streaming service that provides access to over 25,000 Biblically-based videos for people of all ages and stages of life. There are many studies specifically intended to help you gain a better understanding of the Bible. Topics include marriage, parenting, youth, recovery, leadership, finances. There are also more than 2,000 wholesome, educational, and entertaining videos for kids!

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