

PARENT CORNER

weekly

TODAY: FEBRUARY 7

Bible Story: Say What You Need to Say (Use Words Wisely) *Ephesians 4:29*

Big Idea: Use your words wisely.

Memory Verse: "Whoever can be trusted with very little can also be trusted with much." *Luke 16:10a (NIV)*

Life App: Responsibility—Showing you can be trusted with what is expected of you

Bible Story Summary: Paul wrote in Ephesians 4:29, "Don't let any evil talk come out of your mouths. Say only what will help to build others up and meet their needs," (NirV). Our words have power to help or hurt others. When it comes to our rules for life, what we say and how we speak matters.

We want the kids to learn they should use their words wisely. Words are important, but even as adults we tend to use them without thinking. We hope that as kids hear more about what Paul wrote in Ephesians, they'll understand that how they use their words can show God's love to others.



Grab a building block and write "builder" on it. Leave it in a spot where your child will see it. If you don't have a block, use a notecard. Tell them that their words matter and to use them wisely by building others up, instead of tearing them down with hurtful words.



DAY 1

READ *Ephesians 4:29*

Have you ever stacked up a set of Jenga® blocks or spent hours constructing a super cool LEGO® creation, only to have it knocked over or destroyed by someone walking by? It's super frustrating and time consuming to build back that tower or Lego masterpiece.

Words work the same way. You have the opportunity every day to choose words that build others up or tear them down. If you want to have the kind of friends who use kind words, then you need to be the kind of friend who uses kind words too. Let's be encouraging, helpful and kind as we use our words wisely.

Grab a stack of Jenga blocks or Legos and some masking tape and a pen. Write out the words of today's verse in phrases and stick them on individual blocks. Then stack up the blocks to build the verse.

DAY 2

READ *Psalms 141:3*

With a parent's permission, grab a small tube of toothpaste and a paper plate. Squeeze out some toothpaste onto the plate. Okay, now see if you can get that toothpaste back into the tube.

That toothpaste is like the words we choose. Just like you can't push toothpaste back in a tube once it's on the toothbrush, you cannot take back harsh or unkind words. That's why it's important to be responsible and use your words wisely.

Spend some time thinking back over your day yesterday. Did you speak unkind words to someone else? If you did, go tell the person you hurt that you're sorry. Then pray and tell God you're sorry too. Ask Him to help you guard the door of your lips so that you are careful with the words you choose.

DAY 3

READ Proverbs 12:18

Have you ever gotten a paper cut on your finger? It's amazing how one little cut can hurt so bad! Have you ever thought about words like paper cuts? Words can hurt. An unkind word won't make you bleed or leave a physical scar but they can ruin our friendships. When we are thoughtless with our words, we end up hurting the people around us.

There is good news though. Kind words can do the opposite. Kind words heal. They soothe. They encourage. They help.

So the question is: what kind of friend do you want to be? The kind of friend who hurts or brings healing?

As you pray today, ask God to help you choose your words wisely. Think about those tiny paper cuts that cause so much pain and remember that every word you say has the power to hurt or heal.

HEY PARENTS SIGN HERE!

Have a parent sign your completed GodTime.

Parent signature

Date

Return for 5 Bible Bucks!

parent CUE:

Want to know what your child is learning at church? Download a free app called **Parent Cue**. This app is put out by The reThink Group who writes the curriculum we use in Uptown as a guide to what our kids learn.

Parent Cue has parenting articles, blogs, and ways you can live out your faith at home. Week by week you will be given cues so you can make the most of your time with your kids for God.



DAY 4

READ Proverbs 15:1

Have you ever been so frustrated about something that you yelled? Or said something really mean?

We've been talking all week about using your words wisely. But it can be really hard to do that when you're in the middle of a frustrating, or stressful situation. No matter what's going on around us, it's important to remember that the words we say make a difference.

Fill in the blanks from today's verse:

"A _____ turns anger away. But _____ stir up anger." Proverbs 15:1

Gentle answers calm things down. Mean words stir things up. So what kind of friend do you want to be? The kind that calms things down or stirs things up to make it worse?

Ask your parent if you can help the next time someone is cooking in the kitchen. If there's anything that requires stirring, think about this verse and how unkind words can stir things up and make them worse! Ask God to help you choose your words wisely so you can calm things down instead.

at a GLANCE



Bibles N Bucks Shopping:

WE WILL BE RE-OPENING THE BIBLES-N-BUCKS SHOP IN FEBRUARY!

Please keep turning in all of your GodTimes and collect your Bible Bucks.

FACEBOOK:

Please check out our KidCity Facebook page! There will be EXCITING activities going on there!



Child's Name: _____