



May 3-4, 2025

Break the Ice

-If you could rewind a scene in your life for a do-over, what would be one of those times?

Up

-Read Ephesians 4:1-32. What stands out, confuses, or challenges you from this passage or the message?

-How does the Ephesians passage base how we act to our identity? How does this impact how we approach this conversation of hurt within the church?

-How has hurt from other Christians impacted your view of faith or the church? (This is not a time to give specifics about these situations, but more an opportunity to express how they affected you.)

In

-Take some time and react to the four ways hurt can take place: bad moments, character flaws, blind spots, genuine concerns. How has this list made you think through hurt?

-Pastor Brad comically walked through the mess that takes place when the four reasons for hurt take place in conjunction. How do you handle when you find yourself in situations like this?

Out

-How do we know if our hope is located where it shouldn't be? What symptoms will expose our need for Jesus.

-You don't always know you are entering into a hurtful situation. We need to walk and continue to be equipped with hope and compassion. How do we practically do this? What steps can we take? What boundaries or practices do we need to have in place? Etc.

Prayer

-Spend time praying as a group for a greater hope in Jesus and for the courage to make right where we have been the cause of hurt.